

Virginia High School Track Records

Event	Name	Time	Year	Event	Name	Time	Year
100m	Megan Smith	12.59	2006	100m	Brett Brockhouse	10.97	2004
200m	Megan Smith	27.10	2006	200m	Brett Brockhouse	23.0	2004
400m	Kenzie Miller	1:05.2	2013	400m	Tristan Wise	53.28	2015
800m	Alaina Cave	2:33.0	2006	800m	Chris Devlin	2:01.40	2008
1600m	Alison Coats	6:02.06	2014	1600m	Chris Devlin	4:48.0	2008
3200m	Meghan Birdsell	13:04.0	2003	3200m	Joe Walker	10:52.98	2017
100H	Kenzie Miller	17.50	2014	110H	Kyler Miller	15.90	2017
300H	Kenzie Miller	51.50	2014	300H	Levi Longley	42.16	2013
4x100	K.Sayre A.Bunfill M.Musch M.Miller	53.37	2014	4x100	L. Longley L. Job K. Miller N. Travelstead	45.58	2016
FR 4x100	C. Privia H. Helmich K. Sayre C. Reynolds	57:42	2016	FR 4x100	T. Bettis J. Krohe J. Spradlin N. Hand	51.50	2003
4x 200	A. Herzberger C. Cave L. Birdsell F. Devlin	1:55.93	2009	4x200	B. Brockhouse T. Bixby M. Horney R. Smith	1:35.10	2003
4x400	C. Thomas J. Thomas R. High S. Smith	4:47.7	1998	4x400	B Lear J. Spradlin C. Sufferm R. Werner	3:46.0	2006
4x800	B. Schroeder A. Link R. Helmich A. Coats	12:50.87	2014	4x800	C. Devlin M. Prather J. Spradlin B. Lear	8:46.0	2006
800 Medley	K. Birdsell M. Birdsell M. Smith L. Kyrouac	2:06.94	2003				
High Jump	Sarah Mullin Sally Briggs	5'2	1980	High Jump	Brian Fox Robert Werner	6'3	1999 2006
Long Jump	Mackenzie Musch	15'9 ½"	2016	Long Jump	Randolph Smith	19'11	2002
Triple Jump	Alicia Nicholas	32'10	2008	Triple Jump	Randolph Smith	40'6 ¾	2003
Shot Put	Angela Grable	30'10	1979	Shot Put	Matt Trenter	47'2 ½	2007
Discus	Rachel Helmich	95'1	2013	Discus	Dean Arendt	142'1	2013
PV				PV	Jordan Spradlin	8'0	2003