

PHYSICAL EDUCATION

2018-2019

STUDENTS IN GRADES K-12 ARE REQUIRED BY STATE LAW TO TAKE DAILY PHYSICAL EDUCATION. FOR STUDENTS IN GRADES 5-12, A COMPLETE CHANGE OF CLOTHING IS REQUIRED FOR PHYSICAL EDUCATION CLASS AND MUST NOT BE THE CLOTHING WORN TO SCHOOL. **THE FOLLOWING CLOTHING WILL BE REQUIRED FOR STUDENTS IN GRADES 6-12:**

- SOLID BLACK SHORTS WITH OR WITHOUT THE VIRGINIA PHYSICAL EDUCATION LOGO ON THE LEG
- GRAY T-SHIRT WITH VIRGINIA PHYSICAL EDUCATION LOGO ON THE FRONT; NO CUT-OFF SLEEVES
- TENNIS SHOES AND SOCKS

DURING COLD WEATHER FOR OUTSIDE ACTIVITIES, SWEATPANTS, SWEATSHIRTS, MAY BE WORN OVER GYM SHORTS AND T-SHIRT.

T-SHIRTS AND SHORTS WILL BE AVAILABLE FOR PURCHASE DURING SCHOOL REGISTRATION AND THROUGHOUT THE SCHOOL YEAR. SHORTS ARE \$8.00 AND T-SHIRTS ARE \$8.00.

ELEMENTARY STUDENTS IN GRADES K-5 ARE NOT REQUIRED TO CHANGE CLOTHES FOR PHYSICAL EDUCATION; HOWEVER, ALL STUDENTS ARE REQUIRED TO HAVE TENNIS SHOES IN ORDER TO PARTICIPATE IN CLASS ACTIVITIES.

